



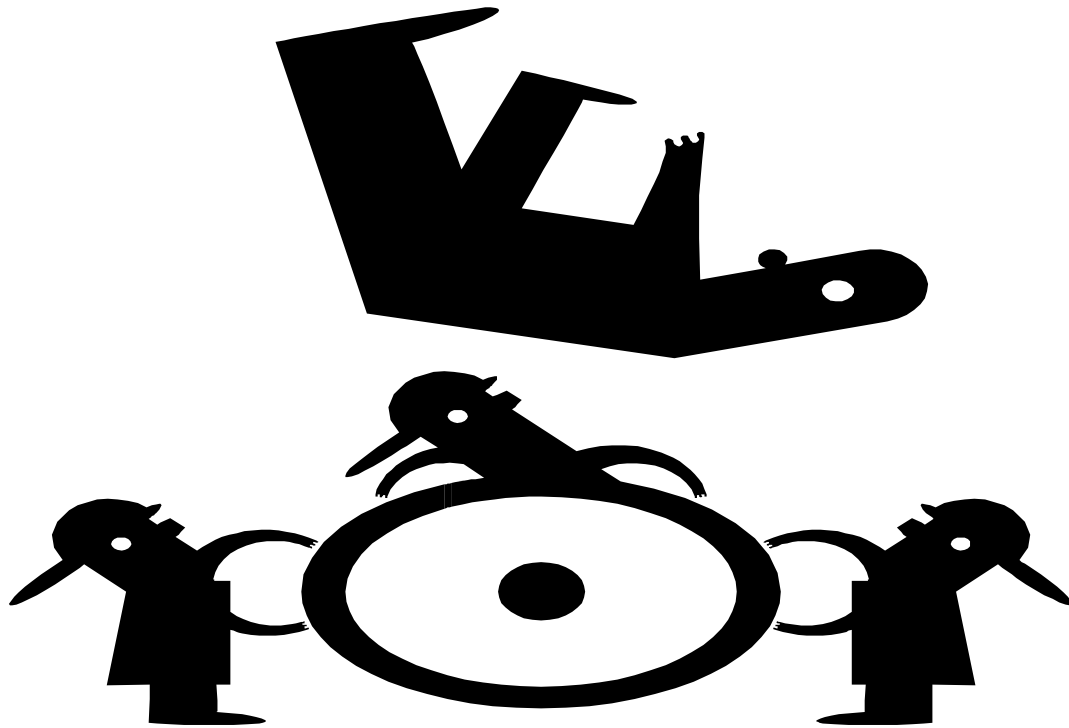
## Disaster Behavioral Health

Who's on your team?

You are NOT alone!

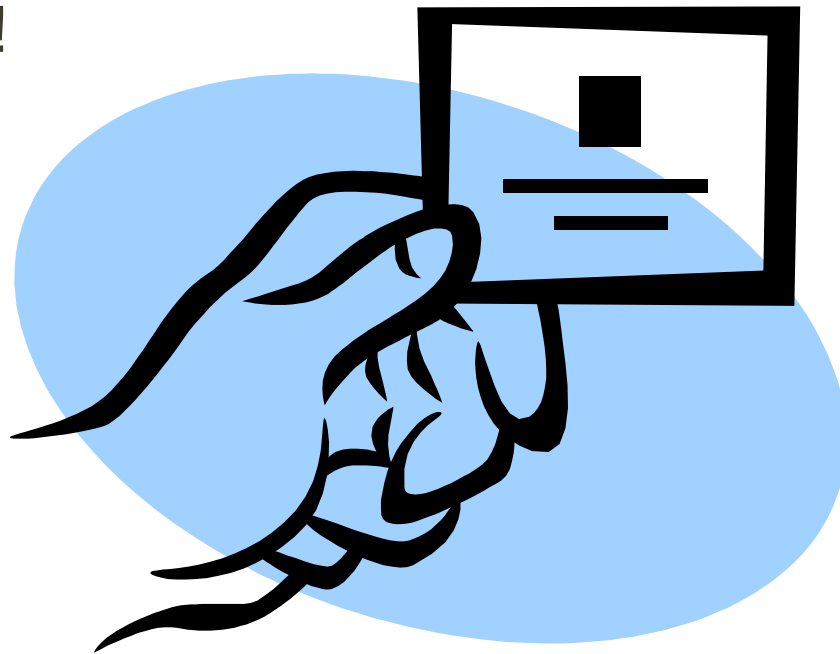
No need to “wing it”!

The Support Web is Wide!



# Getting Acquainted

- During a crisis is not the time to exchange business cards!



# Know the Players

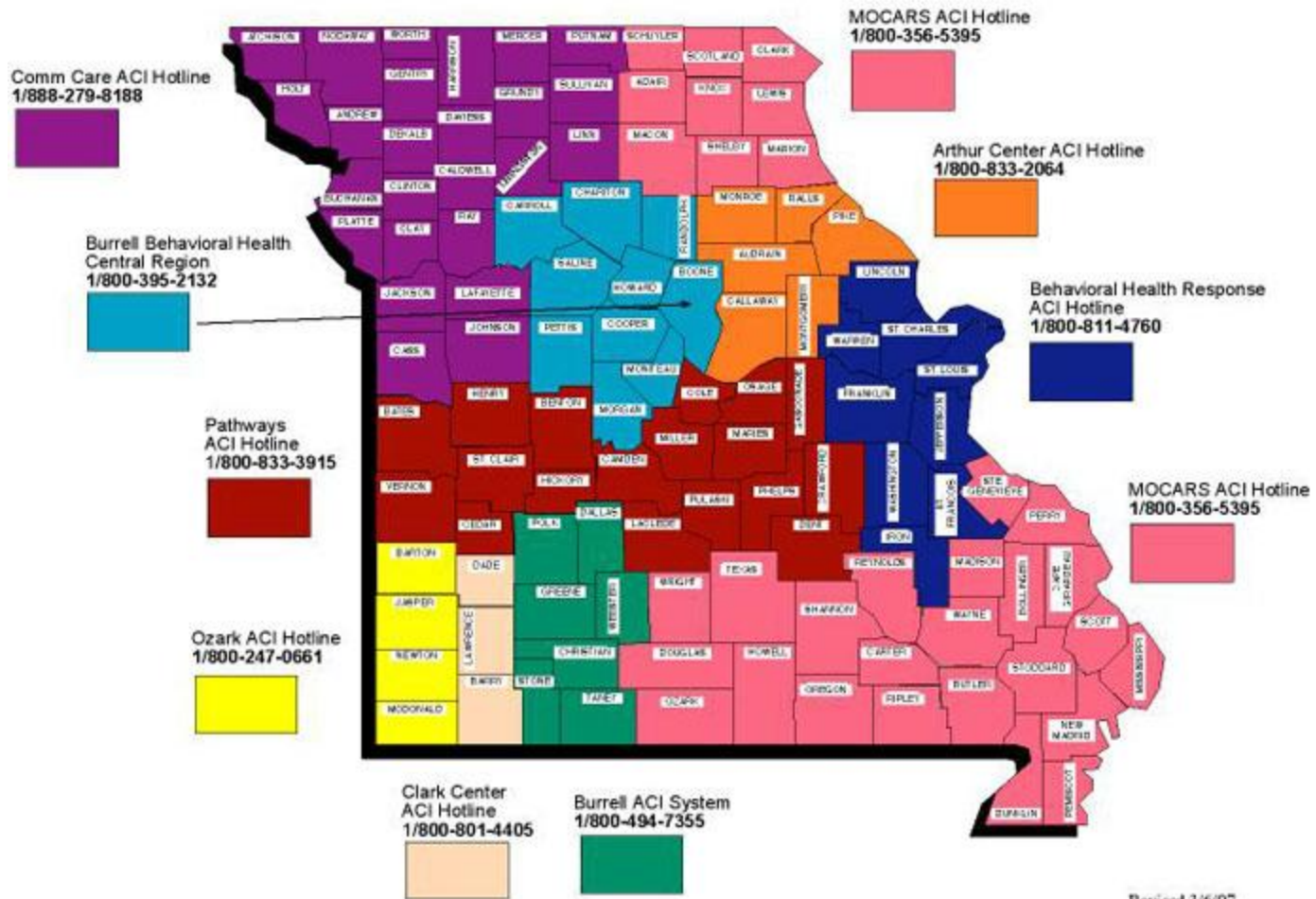
## Local =

- Community Mental Health Centers
- Regional Disaster Behavioral Health Teams
- American Red Cross Disaster Mental Health Volunteers
- MO Centers for Independent Living

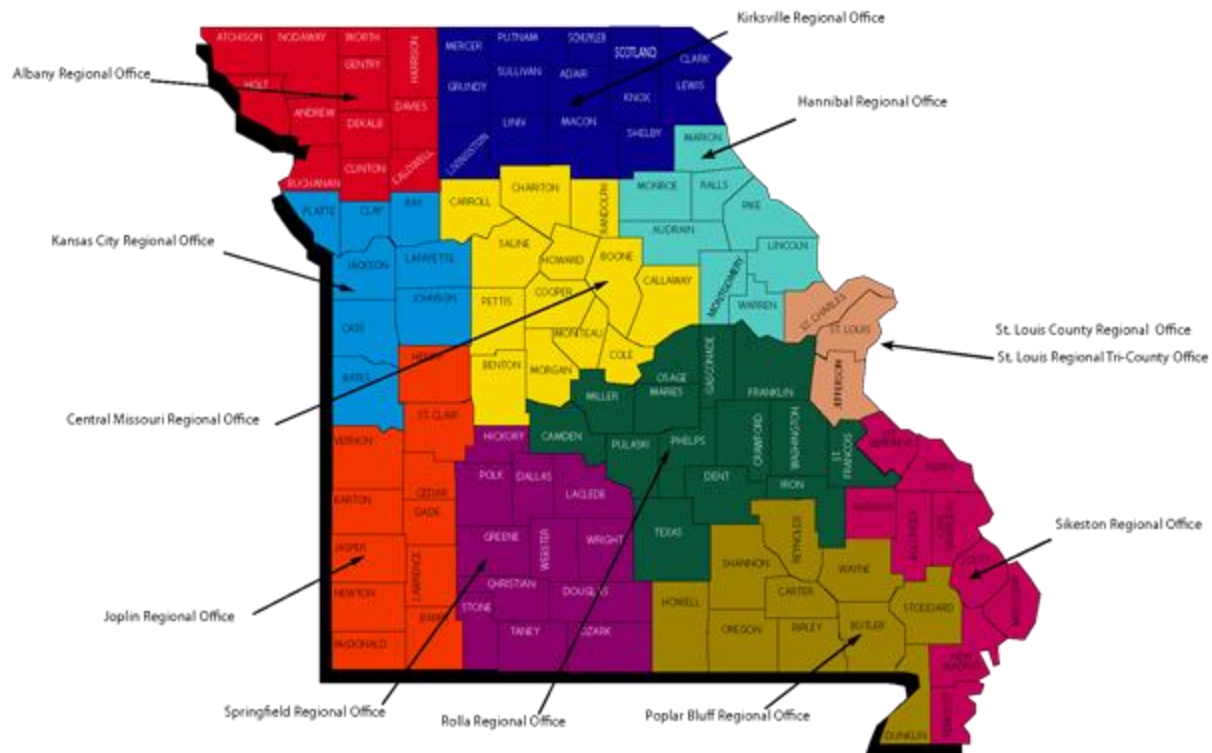
## State =

- MO State Emergency Management Agency (SEMA)
- MO DMH, Office of Disaster Services

# Access Crisis Intervention (ACI) Hotlines



# Developmental Disabilities Regional Offices



# Federal Assistance

## **Disaster Distress Helpline:**

**24/7, year-round crisis counseling and support.**

The Helpline is staffed by trained counselors from a network of crisis call centers located across the United States

**Call 1-800-985-5990.  
It's Free. It's Confidential.**

# Federal Assistance

**In the event of a federally declared disaster that qualifies for “individual assistance”, the state mental health authority (DMH) has 14 days to file for the FEMA Crisis Counseling Program grant.**



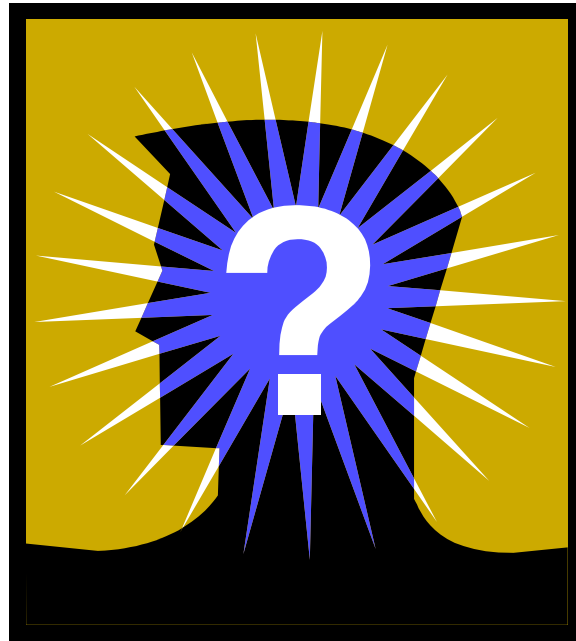
# What is Psychological First Aid & what can it do for you?

**Psychological First Aid is an intervention model for working with disaster survivors in the immediate aftermath of a traumatic event.**

It focuses on approaches to self-care during an emergency; it is designed to reduce the initial distress and to foster adaptive functioning.

**Free training is available live through our Office of Disaster Services or on-line at [www.nctsn.org](http://www.nctsn.org)**

# QUESTIONS?



# Contact Information

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**Missouri Department of Mental Health  
Office of Disaster Services**

**[www.dmh.mo.gov/disaster](http://www.dmh.mo.gov/disaster)**

**On Facebook @ “Disaster Services-Missouri Dept. of Mental Health”**