

I AM READY

FLOOD PREPAREDNESS ACTIVITY BOOK



U.S. Army Corps
of Engineers

Hey, kids! The U.S. Army Corps of Engineers has created this fun activity book to help you prepare for floods. Flooding is a natural occurrence that can happen near waterways at any time. That can be a scary thought, but the better prepared you are, the safer you will be!

We want to help teach you and your family the best ways to be prepared. Our friend Lucy and her dog, Bingo, will help you get ready by doing fun activities like coloring, drawing, word searches and mazes.

Talk with your parents and teachers about flooding that could happen near you and what your plan should be.

Have fun drawing, coloring and solving, but most importantly, share what you learn with your family and friends.

-Your friends at the U.S. Army Corps of Engineers

Hello! My name is Lucy. This is my pet dog, Bingo.



What is your name?

I live with my mom, dad, grandpa and Bingo. Can you color our family picture ?



Can you draw a picture of you and your family?

Important Fact: Did you know that each person needs a gallon of water per day? Have a grownup help you calculate how much water your family needs in its emergency kit.

How many people live in your home? _____

How many pets live in your home? _____

_____ people x 3 days = _____ gallons of water

_____ pet(s) x 3 days = _____ gallons of water

Flood Risk Word Search

M G Q D T F G J D N P Z N N B K O H L G
T T P I E G X Q W D E M W W Q T N U N S
I B D E H S R E T A W W O W O L V C N F
K Q V R X O G F T N N C R K J G O W D F
Y P Q A D J B Z F P I L D B S Z H I U Y
C G J F L C S O N B A V T C Y Y I N P I
N R Z K R F A C G S L B N O B W M H F R
E T I K H V L D Y K P C O G X S P P R Z
G G W Z J D S K R T D H D E E A M W T U
R G B Q S F O C H V O A D L A L P R K V
E O K E S N C P J W O W N E O W J K Q E
M Q R U I O W J K E L F U V K E Q Z W B
E V K M A I C O P M F L O A M A H W K X
A A P U J T L E T Q K E R T U A D Q C Z
B O Z D D A P Q O B Q V A I X B T Y C I
S L U X F U K H J F I N N O V K M X Y L
A B A R P C C I L A J F R N Y L N R X I
O D S W M A X E Z T O M U Q N X R O Y I
E A Q P B V A U Z M I R T J Q G M J C Z
H H Z A W E L R J I J Y G S C H I S I J

EVACUATION

EMERGENCYKIT

TURNAROUND
DONT
DROWN

WATERSHED

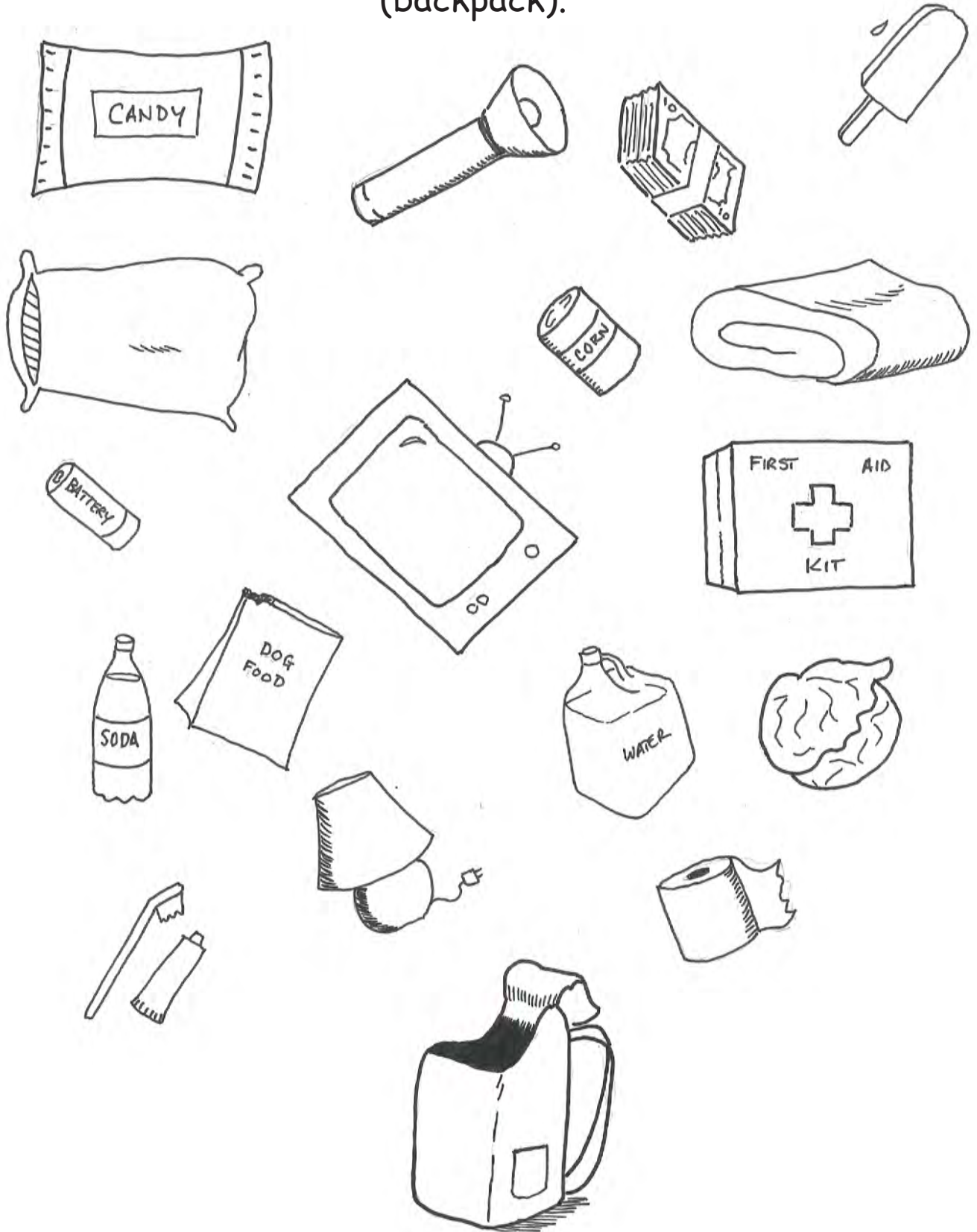
ELEVATION

FLOODPLAIN

Lucy lives in a townhouse in a community near a lake. Can you draw a picture of your home?

Do you live near a river, stream or lake? If so, add that to your drawing.

Circle the items that should go in your flood emergency kit (backpack).



1. Cash 2. Water 3. Corn 4. Blanket 5. Pillow 6. First Aid Kit 7. Flashlight 8. Battery 9. Dog Food 10. Toothbrush & Toothpaste 11. Toilet Paper

Emergency Kit Word Search

L B X W Z H S E I R E T T A B E O Y U X
K P S X Q H F C H K X W G Y O N X B W W
I G H J E E J M S H G P R W I I P M P V
O X G M T M K I K M E H U L O C E Q T N
C M V I B N E J D T Q Z Z F R I X F S Q
S C Y D P D K J H O Z O E T A D C P G F
Y P H L T Q P G K Q G O Q N D E U A I E
N L D Q A G I B K N S V A Y I M Z O T B
G Z Z V G L L P I K X S A Z O N P S Q B
K Y G X H K J H O N T K Q P V L P U K J
V R I S U M T O P E R G B M G B Z W R B
G Q A H D O B B K E R R M S C A S H H G
H L S W L B D N T F P X A U O S G D Y I
F Q E C J Q A A B I B N R H S Z L T Q C
F X S I N L W P L E I O S K M N Z E T D
C B E T B H L L J T I M B P E A A Y Q D
D N M L R D O Q I F W A R J A W C D Y E
X F A P G W O Z C H E H I F F Y I J M T
A P G K S G E M L Y V L U Y P T D M Y T
T M V B Q R D J V I H E S T Y T J I A W

SOAP

MEDICINE

CASH

BLANKETS

SANITIZER

FLASHLIGHT

GAMES

CLOTHING

BATTERIES

RADIO

BOOKS

WATER

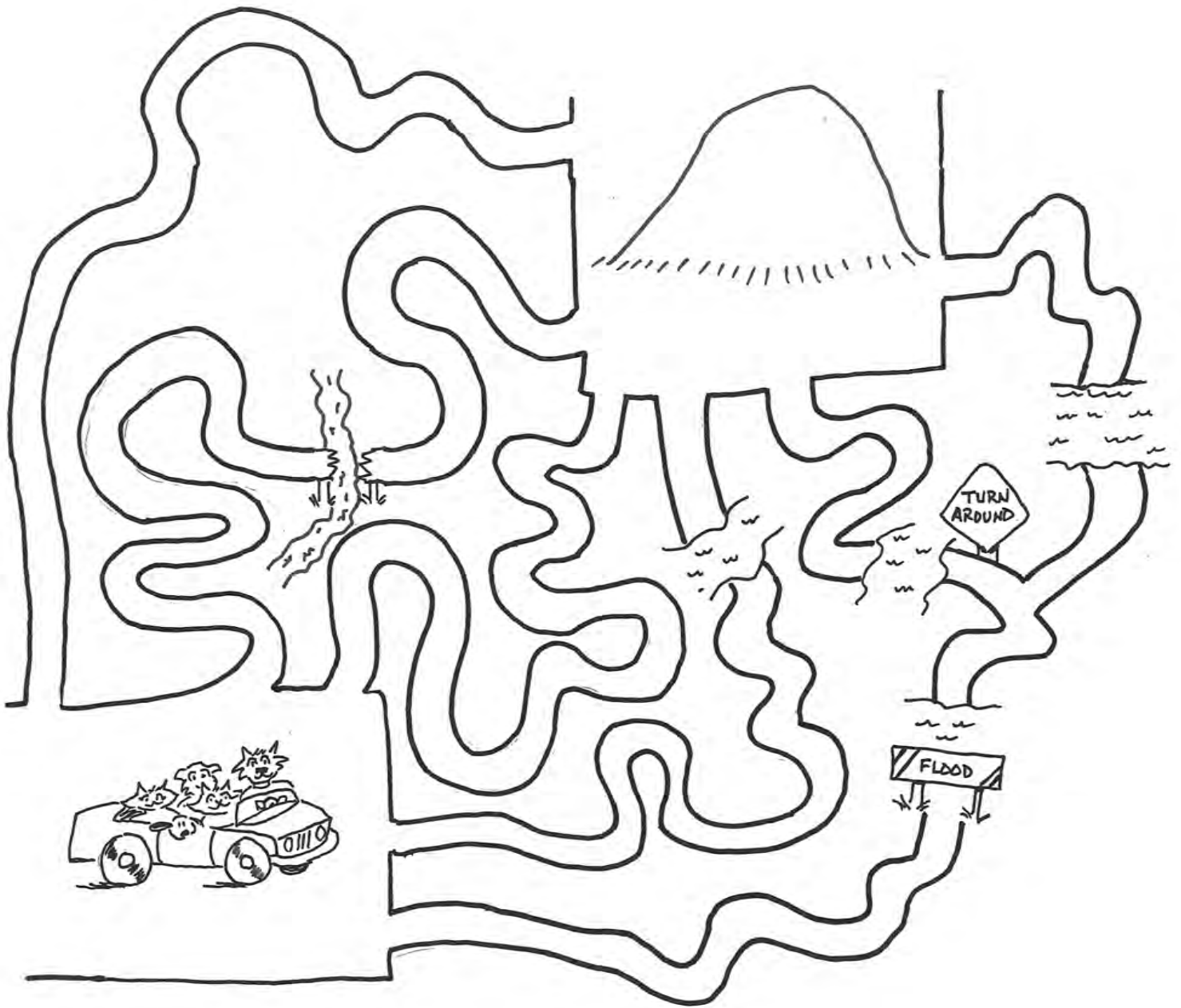
PILLOWS

It is raining a lot, and there was a flood warning alert on the radio! Lucy and her family put their emergency kit in the trunk. Now, they are riding in the car to get to a safe place on high ground.

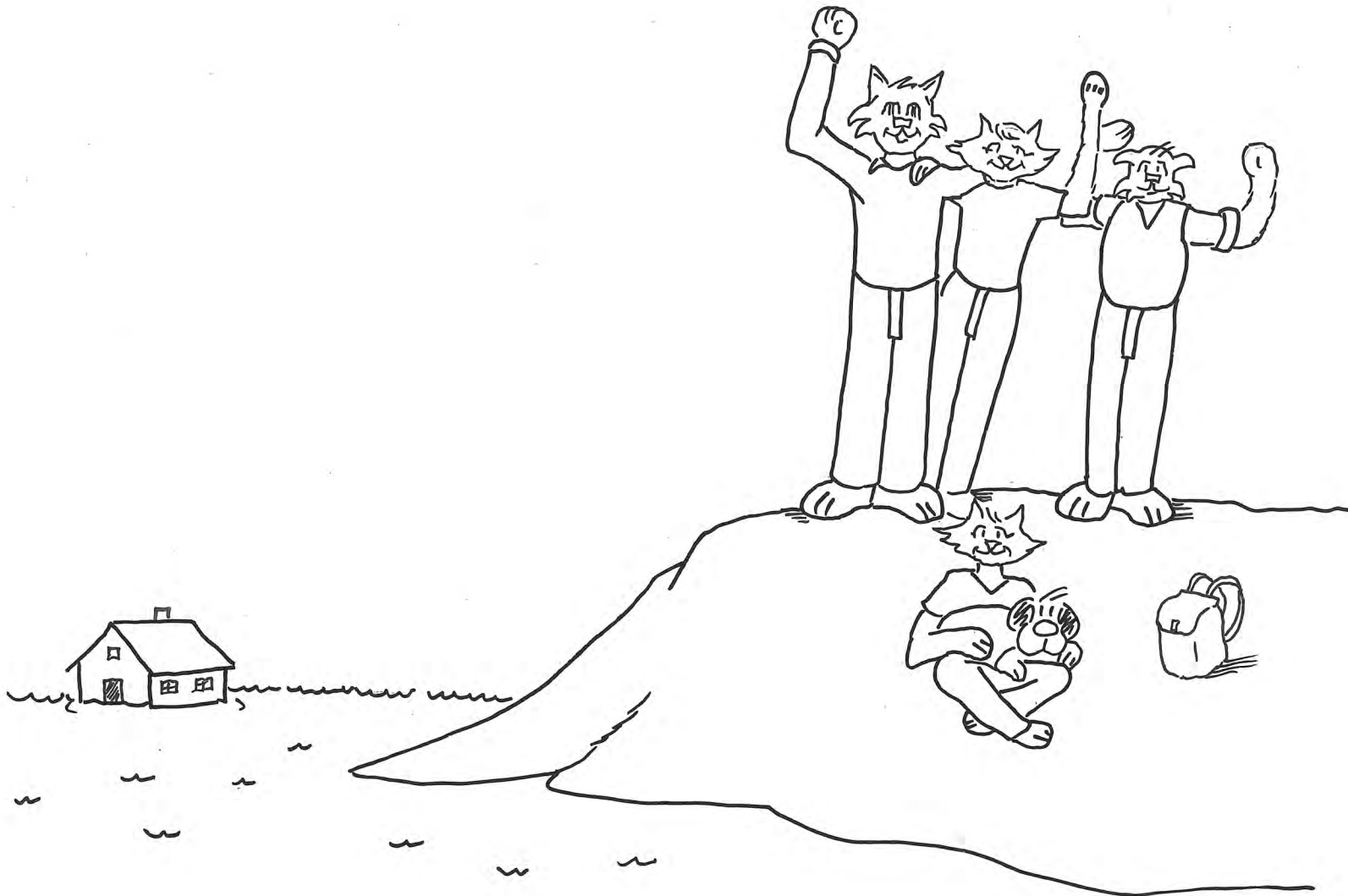


Help Lucy and her family follow a safe route to get through the flood to a safe place!

Your safe place should be on high ground away from low areas that could flood.



Hooray! Lucy and her family made it safely to high ground!



Thanks for playing with us!

If you see flood water, do not try to cross it. Get to high ground. Have a plan for where to go, and build an emergency kit. Are you ready?

In case of an emergency

My family name: _____

My phone number: _____

My address: _____

Mother's phone: _____

Father's phone: _____

Other (relationship): _____

Out of town contact Name: _____

Out-of-Town Contact Phone Number: _____

Meeting Place (high ground): _____

Emergency Phone Numbers (doctor, veterinarian, other family members, etc.):

My Emergency Kit is located: _____

Additional Important Information (medicine I need, address of my school, etc.): _____

Do you want more information? Try this website:

www.ready.gov

Note to Grownups:

This is a fun activity book to help your children understand some of the basic actions you might take in the event of a flood. Floods are the most common and widespread of all natural disasters. You may be concerned that talking about flooding could upset your child, but kids know that disasters like floods can happen. It makes them feel better to know that the adults who care for them are prepared. Additionally, children feel safer when they know what to do to stay safe during a flood.

Following a disaster, basic services — electricity, water, gas, telephones — may be cut off for days. Or, you may have to evacuate at a moment's notice. You probably won't have time to shop or search for the supplies you'll need. Gather the supplies you'll need to deal with the situation now, before disaster strikes.

Action Steps for Adults

Plan an activity with children to put together disaster supplies kits.

At home, your kits should contain:

- One gallon of water per person per day
- Non-perishable food: ready-to-eat canned meats, fruits and vegetables; canned juices, milk and soup; sugar, salt and pepper; high energy foods such as peanut butter, jelly, crackers, nuts, health food bars, trail mix; comfort foods such as cookies, hard candy and sweetened cereal. Don't forget a non-electric can opener!
- A first aid kit that includes your family's prescription medications (ask your doctor about proper ways to store medicine)
- Emergency supplies and tools including a battery-operated radio, flashlight and plenty of extra batteries
- One change of clothing and footwear per person, and one blanket or sleeping bag per person
- Sanitation supplies: toilet paper, soap, personal hygiene items
- Special items for infant, elderly or disabled family members
- An extra set of car keys and cash, traveler's checks and a credit card

Store enough supplies to last at least three days. Keep them in sturdy, easy-to-carry containers such as backpacks, duffle bags or covered trash containers. Store your kits in a safe, convenient place known to all family members — preferably in a cool, dry, dark place. Keep a smaller version of this kit in the trunk of your car. You should also keep important family documents in a waterproof container.

In the classroom, your kit should contain:

- class roster
- first aid kit
- battery-operated radio
- work gloves
- flashlights
- extra batteries
- non-perishable food items; crackers, cookies, trail mix
- plastic trash bags
- other items as your school requires

Ask children to help you remember to keep your kits in working order: change the water and food every six months; replace batteries at least twice a year. You might have them make calendars or posters with these dates marked on them. And ask children to think of items that they would like to include in their own disaster supplies kit, such as books or games or appropriate non-perishable food items.

We hope you enjoyed this book with your child(ren), and take the steps to get ready and stay safe!



Family Communication Plan

Emergencies can happen at any time. Does your family know how to get in touch with each other if you are not all together?

Before an emergency happens, have a family discussion to determine who would be your out-of-state point of contact, and where you would meet away from your home — both in the neighborhood and within your town.

Let them know you're OK!

Pick the same person for each family member to contact. It might be easier to reach someone who's out of town.

Important Information

Fill in this information and keep a copy in a safe place, such as your purse or briefcase, your car, your office, and your disaster kit. Be sure to look it over every year and keep it up to date.

Out-of-Town Contact

Name: _____
Home: _____
Cell: _____
Email: _____
Facebook: _____
Twitter: _____

Neighborhood Meeting Place:

Regional Meeting Place:

Work Information

Workplace: _____
Address: _____
Phone: _____
Facebook: _____
Twitter: _____
Evacuation Location: _____

Workplace: _____
Address: _____
Phone: _____
Facebook: _____
Twitter: _____
Evacuation Location: _____

School Information

School: _____
Address: _____
Phone: _____
Facebook: _____
Twitter: _____
Evacuation Location: _____

School: _____
Address: _____
Phone: _____
Facebook: _____
Twitter: _____
Evacuation Location: _____

School: _____
Address: _____
Phone: _____
Facebook: _____
Twitter: _____
Evacuation Location: _____





Important Information (continued)

Family Information

Name: _____ Date of Birth: _____

Social Security Number: _____

Important Medical Information: _____

Name: _____ Date of Birth: _____

Social Security Number: _____

Important Medical Information: _____

Name: _____ Date of Birth: _____

Social Security Number: _____

Important Medical Information: _____

Name: _____ Date of Birth: _____

Social Security Number: _____

Important Medical Information: _____

Name: _____ Date of Birth: _____

Social Security Number: _____

Important Medical Information: _____

Name: _____ Date of Birth: _____

Social Security Number: _____

Important Medical Information: _____

Medical Contacts

Doctor: _____

Phone: _____

Doctor: _____

Phone: _____

Pediatrician: _____

Phone: _____

Dentist: _____

Phone: _____

Dentist: _____

Phone: _____

Specialist: _____

Phone: _____

Specialist: _____

Phone: _____

Pharmacist: _____

Phone: _____

Veterinarian/Kennel: _____

Phone: _____

Insurance Information

Medical Insurance: _____

Phone: _____

Policy Number: _____

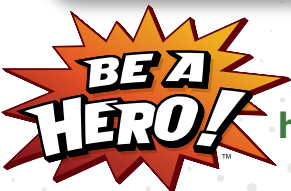
Homeowners/Rental Insurance: _____

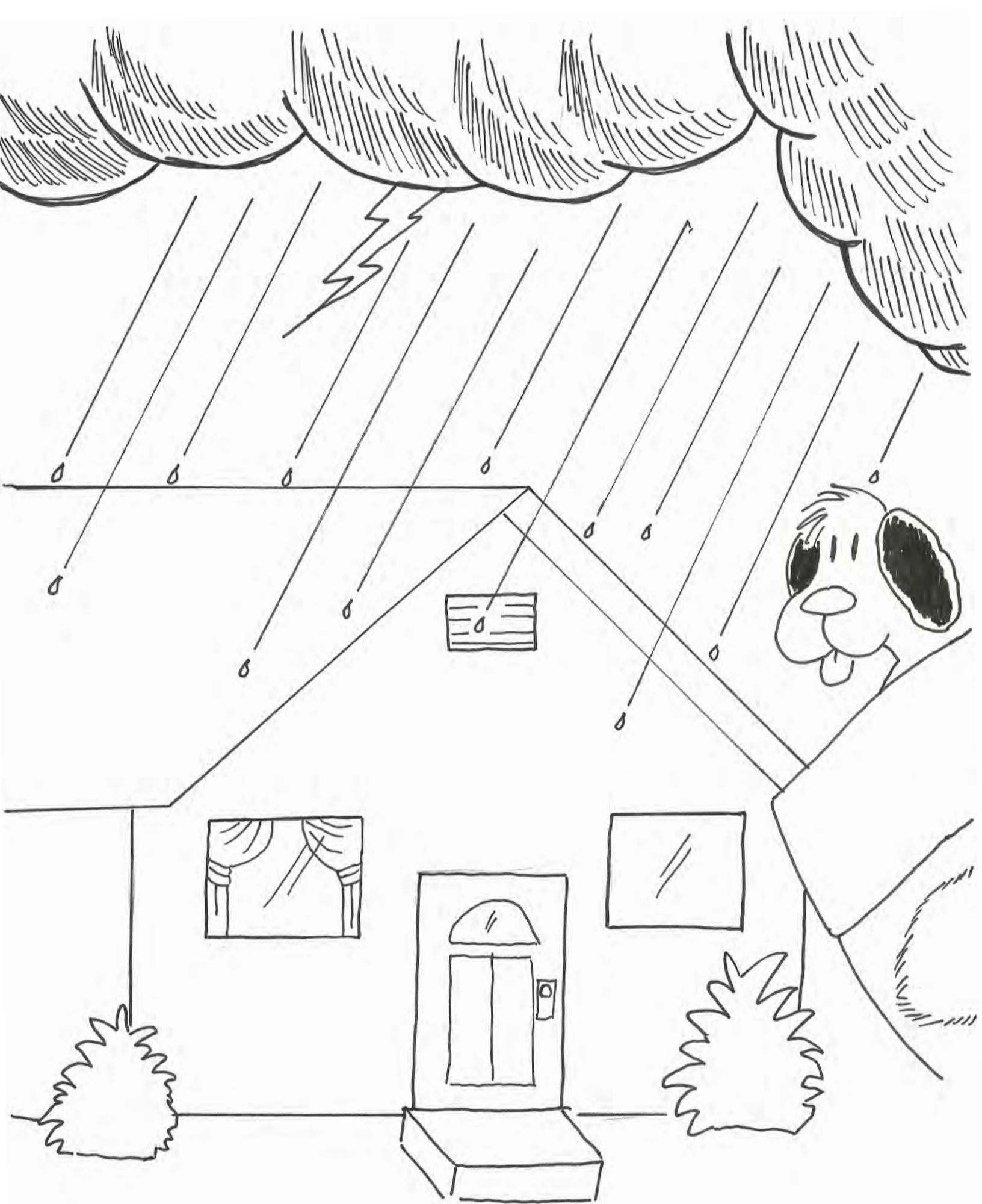
Phone: _____

Policy Number: _____

Text, don't talk!

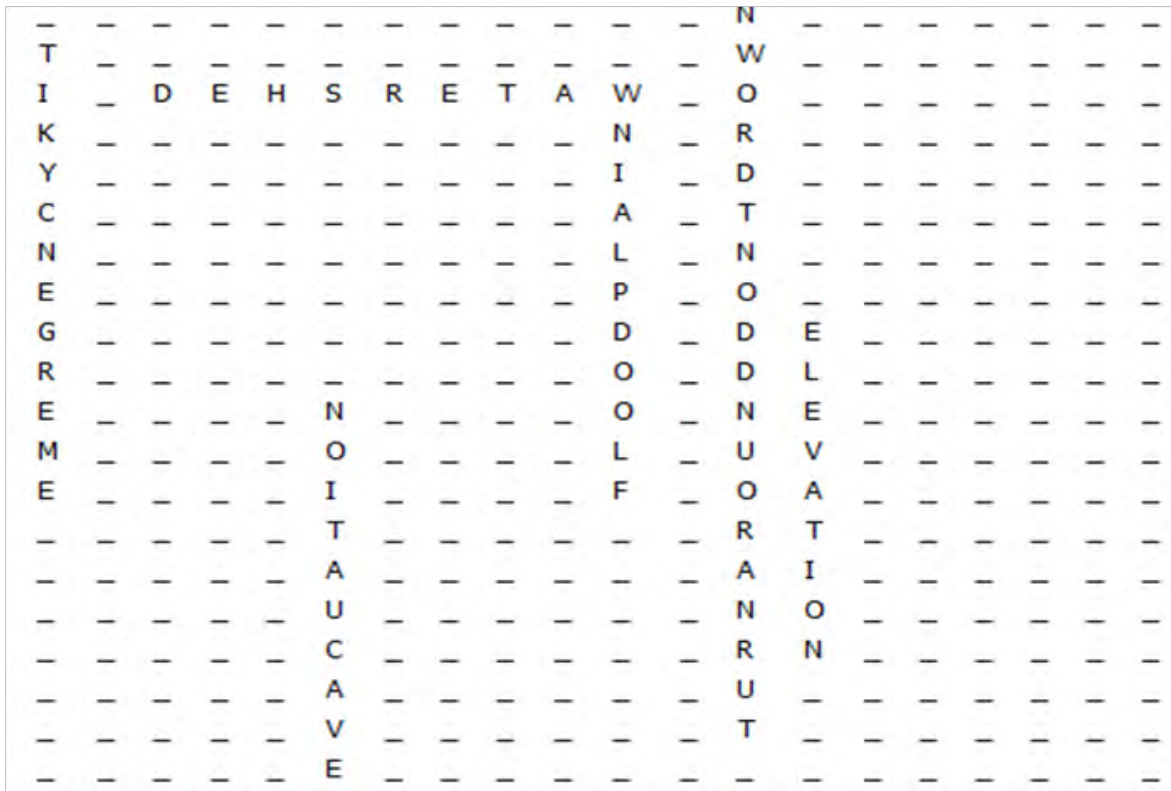
Unless you are in danger, send a text. Texts may have an easier time getting through than phone calls, and you don't want to tie up phone lines needed by emergency workers.



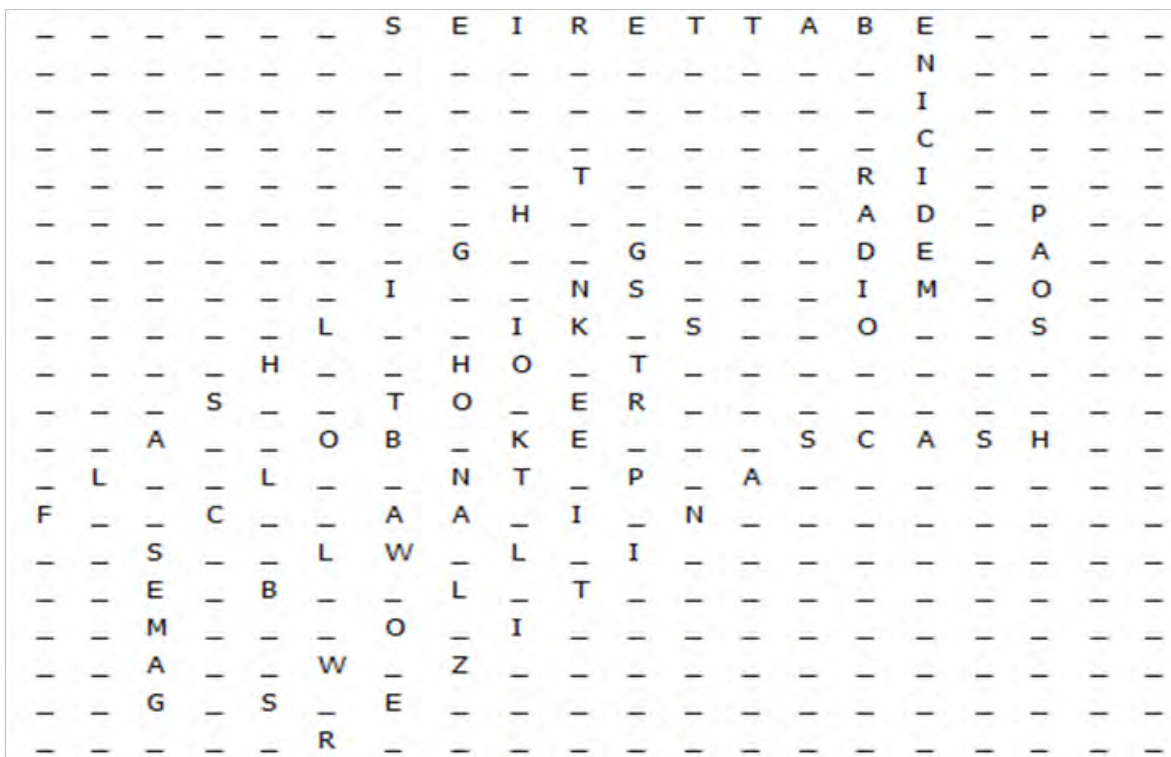


Answer Key:

Word Search #1



Word Search #2



What to plan for:

You'll need to plan for two situations: Remaining in your home/school/office after a disaster or evacuating to a safer location.

Have a three-day supply of food and water on hand -- plan for at least one gallon of water per person per day and food that will not spoil.

Keep a manual can opener and emergency tools including a fire extinguisher, battery-powered radio, flashlight and plenty of batteries.



Checklist:

Be sure to gather the following items to ensure your family's basic comfort and well-being in case of emergency evacuation.

- Cash -- banks and ATMs may not be open or available for extended periods.
- Water -- at least one gallon per person, per day for three to seven days, plus water for pets.
- Food -- at least enough for three to seven days, including: Non-perishable, packaged or canned food and juices, food for infants and the elderly, snack food, non-electric can opener, vitamins, paper plates, plastic utensils.
- Radio -- battery powered and [NOAA weather radio](#) with extra batteries.
- Blankets, pillows etc.
- Clothing -- seasonal, rain gear/ sturdy shoes.
- First Aid Kit -- plus medicines, prescription drugs.
- Special items -- for babies and the elderly, including medicine(s), formula, bottles and baby food.
- Toiletries -- hygiene items, moisture wipes, sanitizer.
- Flashlight(s) and batteries.
- Toys, books, games.
- [Pet care](#) items, proper identification, immunization records, ample food and water, medicine, a carrier or cage, leash.

